



Costa Rica Guanacaste Adventure ★ 4.63 14 Reviews

Costa Rica Guanacaste Adventure

6 Days

16 People Max



Zipline, swim under waterfalls, hike alongside monkeys, and discover a fascinating underwater world on our Costa Rica Guanacaste Adventure

No two days will be the same as you roam wild landscapes on our 6-day Costa Rica Guanacaste Adventure. Focusing on the Guanacaste province, known for its endless beaches, calm waters and fascinating wildlife, you'll come to love the action-packed days and relaxing evenings. After arriving in Liberia, you'll immediately get a taste of the beauty of Costa Rica as you explore Rincon de la Vieja National Park. Witness stunning waterfalls, cloud forests and volcanic landscapes as you zipline through the canopy and float down the Blanco River. Challenge yourself with a hike up Cangreja Falls, the largest waterfall in Rincon de la Vieja National Park, all while keeping an eye out for howler monkeys, armadillos and exotic birds. Next up, the beach! A few hours' drive, and suddenly, the rainforest is traded for white-sand beaches and turquoise waters. Choose to relax under the sun, test out your paddleboarding skills, sea kayak and snorkel around Isla Chora or take an optional surf lesson. This Costa Rica adventure tour will challenge your body, invigorate your mind and leave a lasting impression in your heart.

Trip Highlights

Hiking - Las Chorreras waterfall

Hiking - Cangreja Falls

Hiking - Las Pailas Loop Trail

Hiking - Rincon de la Vieja National Park

Kayaking - Isla Chora

Plus ... - Paddleboard Playa Carrillo

Plus ... - Tropical Snorkeling

Plus ... - Canopy zipline tour

Our Active Adventures Assurance

We value loyalty, and appreciate that it goes both ways. So when you book with us we'll make a few assurances to you so you can book with complete confidence, no matter what's happening in your life (or the world).



COVID-Ready Certified: Safe Travel for our Guests Travelling Overseas

Active Adventures has received the World Travel and Tourism Council's Safe Travels stamp, which guarantees you that we'll follow all ATTA and WTTC health and safety guidelines on all our trips. See how our small group, off-the-beaten-track adventures are perfect to start exploring again.

Costa Rica Guanacaste Adventure ~ Itinerary

DAY 1

Liberia / Rincon de la Vieja National Park

Welcome to Costa Rica! Tonight's accommodation is located within the Rincon de la Vieja National Park, a reserve that boasts rolling green hills, gushing waterfalls, and lush cloud forest. The park attracts travelers year-round who come to explore its volcanoes, hot springs, and picturesque waterfalls. The name "Rincon de la Vieja" translates to "The Old Woman's Corner", referencing a local legend about a girl who became a recluse on the volcano's slopes after her lover was thrown into the volcano by her father.

Hotel Hacienda Guachipelin (Dinner)

DAY 2

Explore Rincon de la Vieja National Park

Prepare for the exhilarating Midworld Canopy zipline tour. You're in for an incredible adrenaline rush on our exclusive Canyon Canopy Tour, one of the best adventure tours in Guanacaste. On this one-of-a-kind Costa Rica zip line tour, you will fly through the trees on zip lines, rappel, rock climb, and swing like Tarzan! Walk through a dry tropical forest to Chorrera Falls and a beautiful swimming spot. This alluring waterfall meets up with the Blanco River to create an enticing blue pool at its base where we are tempted to jump in for a quick soak. Head to the crystal-clear river for a two-hour floating experience. Drift down class II and III rapids in big inflatable tubes for approximately two hours. There are many quiet sections along the river where you can appreciate the beautiful surrounding tropical scenery. Afterward, visit the hot springs at the hotel, relaxing in the pools with clay hot springs.

Hotel Hacienda Guachipelin (Breakfast, Lunch, Dinner)

Canyoning: Options for easy to moderate

Zip Lining: Options for easy to moderate

Tubing: 2 hours, Class II & III rapids

DAY 3

Hike to Cangreja Falls and Las Pailas Trail

Hike about three miles to Cangreja Falls, a challenging hike to the largest waterfall in Rincon de la Vieja National Park. Along the trail, you can see wildlife such as white-faced monkeys, howler monkeys and spider monkeys, coatis, armadillos, agoutis, iguanas, and birds such as the bobo bird or the emerald tucancillo. Copper minerals that come from the volcano, dissolved in the water, give the water a heavenly blue color. The Las Pailas Trail spectacularly shows the power of the Rincon de la Vieja volcano. Steam and sulfur come from natural fumaroles of yellow and rusty soil. Walk just over two miles on the Las Pailas circular path through the tropical forest to enjoy the best views of the volcano, incredible nature, volcanic activity, and wildlife.

Hotel Hacienda Guachipelin (Breakfast, Lunch, Dinner)

Hiking: Cangreja Falls Hiking Distance: 10 kilometers (6 miles), challenging

Hiking: Las Pailas Loop Trail Hiking Distance: 3.2 kilometers (2 miles), easy

DAY 4

Do some birdwatching in Rincon de la Vieja Volcano, explore Playa Carrillo

With over 900 species of birds, Costa Rica is one of the world's top destinations for birding. The Rincon de la Vieja Volcano is replete with birdwatching opportunities due to its diverse ecosystems. Strike out in the morning with a local guide to discover the 300 different bird species which have been identified in the area, including the Spectacled Owl, the Curassow, and the Montezuma Oropendola. Transfer four hours to Playa Carrillo, a charming fishing village. The delightful white-sand beaches on the western Costa Rica coast have small waves, warm turquoise waters, and a collection of lovely tidal pools. The nearby village, Puerto Carrillo, is known for its inviting beaches and laid-back atmosphere. The beaches of Carrillo have some of the most tranquil waves in Costa Rica. It is the ideal place to begin your paddleboarding adventure. You will be taught by an experienced guide how to first kneel, and then stand up on the board, as well as the correct way to paddle.

Nammbu Beachfront Bungalows (Breakfast, Lunch, Dinner)

Stand Up Paddle Boarding: Easy, varying lengths

DAY 5

Kayak Isla Chora and surf Samara Beach

Transfer to the launch site for a sea kayaking and snorkeling adventure at Isla Chora. This small island is located just a short distance from Samara Beach. There is a stunning coral reef to explore where you can walk the beaches of the island (water shoes recommended). This afternoon join in on an optional surfing lesson (additional cost), more snorkeling or relaxing on the beach. The choice is yours. Surf's up! Choose the option of learning from a professional how to surf on Samara Beach at an additional expense. Your gear will be provided and the ocean is yours to explore by board.

Nammbu Beachfront Bungalows (Breakfast, Lunch, Dinner)

Kayaking: Easy, varying lengths

DAY 6

Head back to Liberia

Your guide will drop you at Liberia Airport for your international flight home.

No Accommodation (Breakfast)

Useful Info

Where does the trip start?

On the first day of the trip, our two pick-up locations are Liberia Airport at 1.30pm or 4.30pm or the lobby of the [Hilton Garden Inn Liberia Courtyard](#) at 1.45pm or 4.45pm. We will then transfer you to Hacienda Guachipelin Hotel for the welcome dinner. You are welcome to book your pre-trip stay at this hotel directly or any other hotel in Liberia, though you must make your own way to one of the two pick-up points at the pre-designated times.

If you're arriving in Costa Rica earlier, you are welcome to make your own way to the hotel on Day 1, and you'll meet the group at the hotel front desk for dinner and orientation at 6pm on Day 1.

Where does the trip end?

Your trip ends with a drop-off at Liberia Airport for flight times below.

What flights would you recommend?

Arrival: We recommend arriving at Liberia Airport the night before the trip starts, or no later than 3pm on the first day of the trip. Many guests like to arrive a day or two early to accommodate potential flight delays and/or explore the city prior to your trip start.

Departure: Flying out on the last day of the trip, we recommend departing from Liberia Airport after 3pm. Earlier flight times will require a separate transfer booked at your own expense.

Is tipping expected in Costa Rica?

Most people do choose to tip their Active Adventures guides and we recommend USD\$20 per day, per guest, per guide. You are welcome to tip an equivalent amount in the local currency. There are plenty of ATM's and banks in the larger towns of Costa Rica. During your Active Adventures trip, your guides will take care of all included restaurants and service tips for you. For other restaurants or services during your time in Costa Rica, 5-10% is a typical gratuity amount.

What accommodations do we stay at on this trip?

Hacienda Guachipelin is inspired by the ranching life with authentic designs and handcrafted furniture, perfectly positioned to explore the Rincon de la Vieja National Park with lovely views of the surrounding dry tropical forest.

Nammbu Beachfront Bungalows is family-owned and you'll enjoy a welcoming vibe and creature comforts while taking in magnificent views of Playa Carrillo - delightful white-sandy beaches fringed with emerald green palm tree forests on the western Costa Rica coast. The hotel has recently implemented an Environmental Management System and is specifically focused on preserving the biodiversity of the local ecosystem.

How much luggage can I bring on this trip?

You are allowed one piece of luggage on your trip, plus a daypack. Your main piece of luggage should not exceed 50 pounds (23 kilograms) and can be anything from a duffel bag to a sports bag with wheels or a suitcase. You'll also want a good quality backpack sized 25-30 liters (2000 cubic inches) to use throughout the days.

How do rooming arrangements work?

Trip prices are based on shared arrangements (typically two guests per room), unless otherwise stated. For solo travelers, we'll pair you with another person of the same gender to share rooms and if there's no one suitable to share with, there's no forced single supplement. However, if you specifically request your own rooms, you can opt to pay the single supplement. Solo travelers who book within 90 days of departure, where there are no other solo travelers willing to share, will be required to pay the single supplement.

For Family Vacation bookings, families consisting of four guests traveling with children aged 17 and under will be automatically assigned one shared room. However, the following alternative rooming allocations are available:

Families consisting of four guests with all children aged 13 and above are welcome to opt for additional rooms as per advertised double occupancy adult rates.

Families consisting of four guests with at least one child aged 12 and under are automatically assigned a shared room. However, families can opt to pay the adult rates for all guests in their family to have an additional room.

The same principles apply for families consisting of more than four guests.

Rooming preferences are subject to availability and must be communicated in writing at time of booking. Automatic assignments as per this policy will be applied in the absence of any specification provided by guests. Any request for additional rooms during trips will be at guests' own expense and subject to rates made available by the accommodation provider at the time. All minors (guests aged 17 and under) must be accompanied by at least one adult.

What is not included?

Flights to and from trip start/end points

Pre/Post accommodation

Optional extra activities

Travel insurance

Gratuities for your guides

Rental gear

General Trip Information

You can find details on recommended flights and fitness, as well as trip start and end in the 'Useful Information' section above.

Accommodation

Our trips focus on getting you outside for the best adventure activities in the most stunning parts of Latin America. We choose our accommodation very carefully, but it's by no means a tour of the fanciest hotels on the continent. Some of the places we stay are quite luxurious and other places - like the mountain lodges in Southern Patagonia - are relatively basic, but in truly spectacular locations! Many of the inns and lodges we choose are quite small, so from time to time we might need to change one or two specified in the itinerary - though we'll make sure you love the places we stay!

Included

- Our own highly experienced trip leader, with you from start to finish
- Industry-leading Guest-to-Guide ratio (averaging 6:1)
- Your own 'Travel Wallet', an online space with everything required for your adventure
- Our knowledgeable Customer Service Team to answer your queries - just a phone call, email or chat away
- Customer Service pre-trip phone calls to ensure you're 'trip ready'
- All accommodations for the duration of your trip
- All meals except where indicated in the itinerary
- Unlimited snacks to keep you fueled
- Flights as outlined in the itinerary
- All activities outlined in the itinerary
- All necessary equipment (well-maintained and safe) for activities
- All gratuities for hotels, restaurants, and activities
- Transportation in our air-conditioned vans - safe, clean, modern, and comfortable!

Itinerary Updates

We update our itineraries regularly, so please check our website for the most up-to-date itineraries and pricing. We make every effort to ensure itineraries are updated as necessary, though changes may occur without prior notice due to unforeseen circumstances.

Outdoor Experience

You don't need lots of experience to take our trips. We allow you to make the most of Latin America's outdoor environments, culture and history regardless of your experience. Our trip leaders are highly trained and experienced outdoor guides and they'll look after you. Experience is not as important as being keen to give things a go. We manage the level of activity to suit you, and we have an impeccable safety record.

Excluded

- International/Domestic Flights before and after your trip
- Alcoholic beverages
- Optional additional activities
- Travel insurance (Mandatory for this destination)
- Rental equipment available as per your itinerary
- Gratuities for your guides at the end of your fabulous trip